

BIRD FLU

What is Bird Flu?

- A viral infection that is highly pathogenic, primarily affects poultry chickens, wild birds, dairy cows and other domestic animals.
- In 2024, there were 66 confirmed total reported human cases in the United States.
- Currently, the CDC reports that the immediate risk to the general public from bird flu (H5N1) remains low.

How Does Avian Flu Transmit to People?

1. Direct contact with infected animals.
2. Direct contact with Avian Influenza A virus-contaminated environment.
3. Transmission through air (droplets or dust)

Signs and Symptoms

Below are signs and symptoms associated with bird flu and should be monitored and if worsen seek medical care.



Fever



Cough



Sore throat



Difficulty breathing



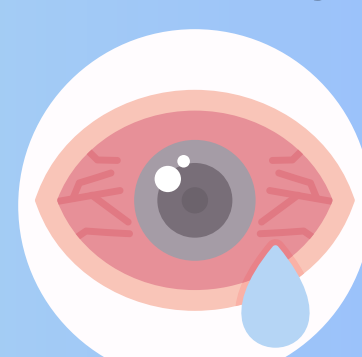
**Diarrhea/
vomiting**



Muscle aches



**Runny or
stuffy nose**



Conjunctivitis

Prevention Recommendations

- Wash hands frequently especially after contact with animals and when preparing food.
- Prepare and cook meat and eggs thoroughly before consuming.
- Avoid exposure to infected animals saliva, mucous, and feces and other animals that may shed avian influenza A virus in respiratory secretions and other body fluids.
- Avoid direct contact with sick or dead wild birds, poultry and other animals
- If you must have direct/close contact with sick or dead wild birds, poultry, or other animals wear recommended personal protective equipment (PPE).
- Do not touch contaminated surface or materials with saliva, mucous, or animal feces from wild or domestic animals with avian influenza A virus.



Scan for more information about bird flu.