

Did you know that all women should receive four shots (vaccines) while they are pregnant?



These shots can protect pregnant women and their babies from the flu (influenza), whooping cough (pertussis), RSV and COVID.



Pregnant women should talk to their doctor, midwife, or healthcare provider for more information



These shots are safe for both mom and baby and can protect the baby even after he or she is born.

**Give babies a healthy start to life!**



CENTER FOR INDIGENOUS HEALTH